

## Cambodia November 2010



This visit had been planned to provide training for dental assistants and dental students. The main theme was to be the “team working” of the dentist and his assistant. For several months all the staff in Stornoway helped with producing videos and pictures for the teaching material.

Carolyn MacFarlane a senior dental nurse at the practice had volunteered to accompany me so we could demonstrate good four handed dentistry and good posture.



We had 4 hours of lectures each morning for the dental assistants and then spent the afternoon in the University clinic giving talks and demonstrations to all the students and lecturers.

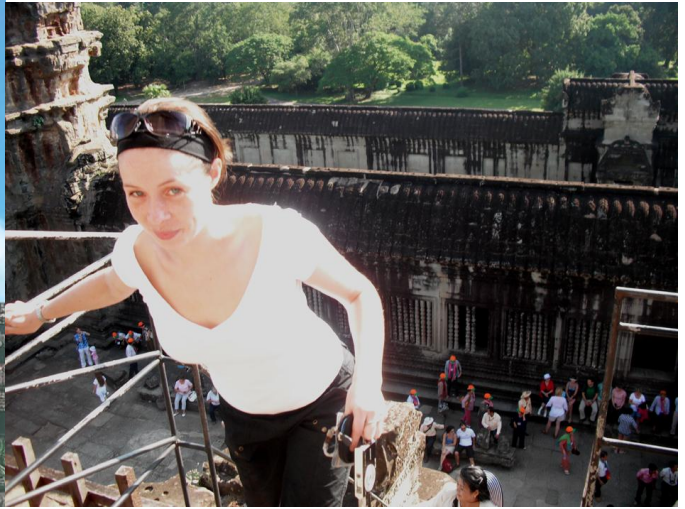


Carolyn also spent some time watching the dental assistants in the University Clinic and helping them plan their cross infection control procedures and the management of instruments and materials.

They very kindly presented us with some thank you gifts.



We did manage a weekend trip to the famous temples at Angkor Wat – a magnificent spectacle and very worth a visit to see hundreds of square miles of thousand year old temples. If you are brave enough to climb the steep stone stairways the view is spectacular.



A few miles away there is still poverty and while we had a puncture repaired at the road side, we sat in the shelter of a family home for seven children.



The last part of our stay was to help train some volunteer dental students from Singapore. They were going to visit several rural orphanages to do preventative treatment. We demonstrated the equipment and taught them how to apply fissure sealants and fluoride to protect children's teeth.

